

## Struggling to agree on arrangements for your children after separation?

### Are you considering applying for a court order but don't want to go into costly proceedings?

Attending a Parenting Plan or Family Meeting can help you and your ex-partner have a positive relationship with your child after separation.

A **free** service is available for parents in Durham, Teesside and North Yorkshire who are having difficulty reaching agreements about their children after separation. A professional from Cafcass will support you to make lasting arrangements and decisions about your children's upbringing, by using a Parenting Plan.

Call **01753 236 223** to book a meeting



For many parents the meeting will be a better alternative than costly and stressful court proceedings. It will help you and your ex-partner plan for the day to day realities of raising a child after separation.

The Parenting Plan helps you consider the future, and can be adapted as your children grow and your circumstances change. Agreements made using the Parenting Plan are more likely to last longer than those made by a court order, as parents take ownership of making important decisions about their child.

Call **01753 236 223** or  
email **[ParentingPlanA2@cafcass.gsi.gov.uk](mailto:ParentingPlanA2@cafcass.gsi.gov.uk)**  
to book a meeting

**For more information, and to watch Mark, father of two, explain how the Parenting Plan helped him make arrangements for his sons, visit the Cafcass website:**

**[www.cafcass.gov.uk/parenting-plan-family-meetings](http://www.cafcass.gov.uk/parenting-plan-family-meetings)**

This is a pilot service delivered by Cafcass, running until  
31st August 2016.